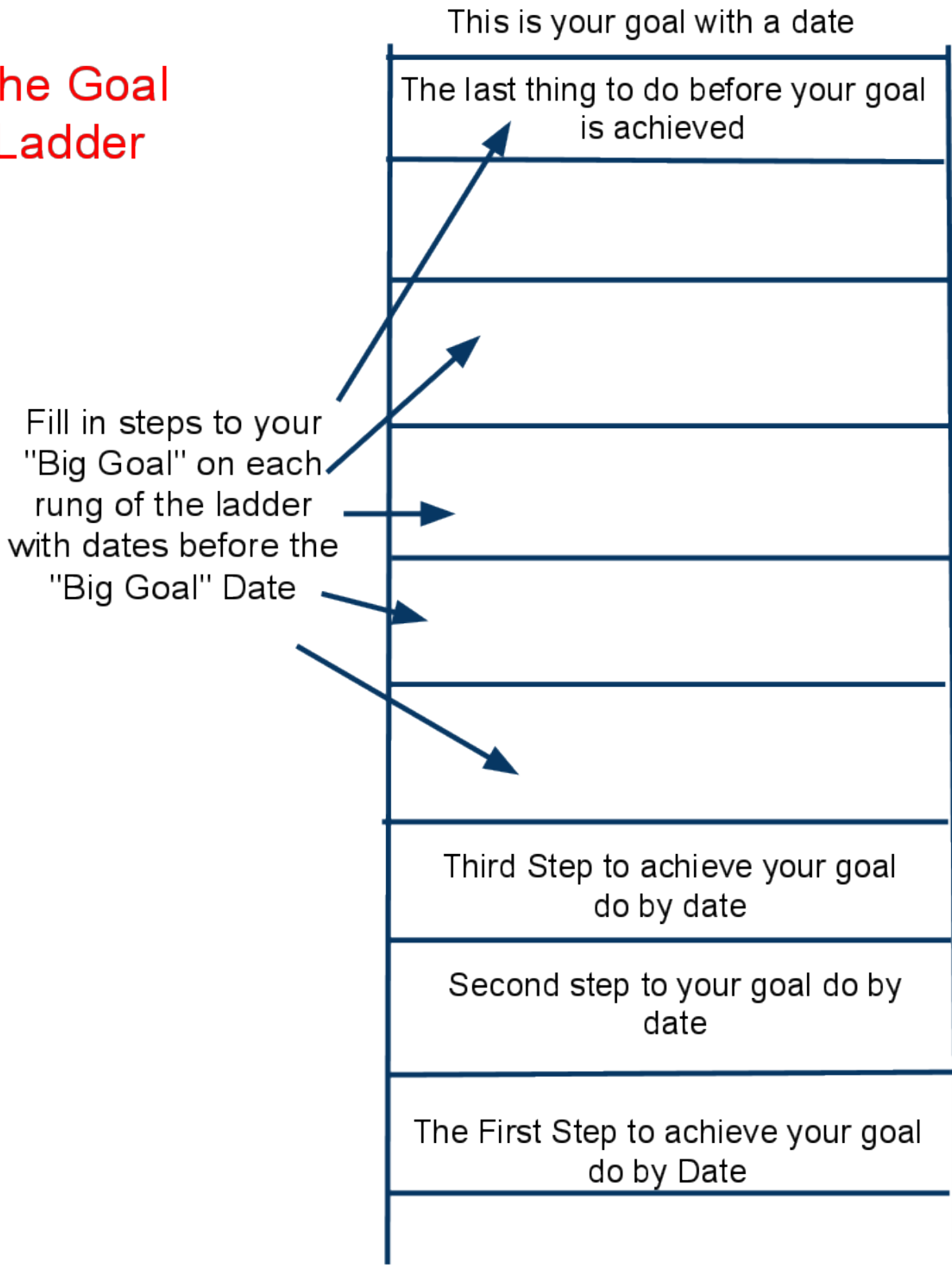


# The Goal Ladder



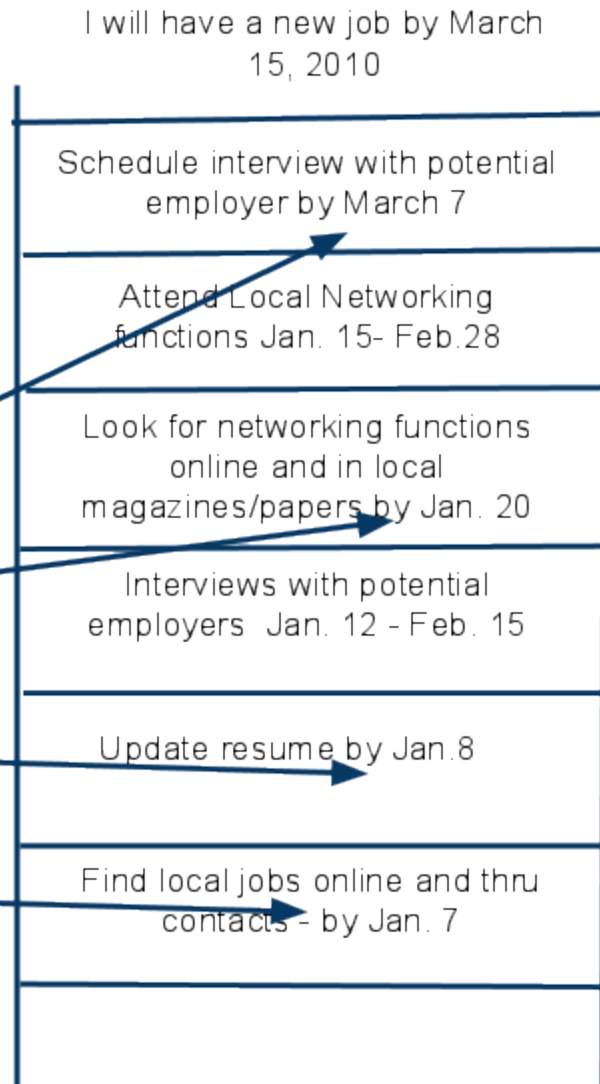
**Example 1 - a Health Goal**

This particular goal has ongoing little steps so it can be achieved - some goals will have specific dates to meet before the "Big Goal" Date



Example 2 - A  
Career Goal

If this were a goal this year - there would be set dates of the 'little goals' that need to be met before the 'Big Goal' on the top of the ladder can be accomplished



A Simple Goal  
Ladder to use!


**The Goal Ladder**  
courtesy of your buddy Stu  
at <http://www.themarryblogger.com>

